



Southwest Cycling Club Presents

Fayetteville Stage Race

USAC/TXBRA State Cup Event

Race Bible

March 19 - 20, 2011





Table of Contents

Introduction.....	3
Event Schedule.....	4
Event Date / Times / Location	4
Parking	5
Registration.....	6
Race Numbers.....	7
Prize List.....	8
Rules and Regulations.....	9
Saturday Road Race – St. Mary’s Church Loop.....	12
Overview.....	12
Saturday FEED ZONE Rules and Directions	13
Saturday Road Race - Course Description.....	13
Saturday Road Race – Course Map and Elevation Profile	14
Saturday Individual Time Trial.....	15
Overview.....	15
Saturday ITT - Course Description.....	16
Saturday Individual Time Trial – Course Map and Elevation Profile	17
Sunday Road Race – Lone Oak Loop.....	18
Overview.....	18
Sunday FEED ZONE Rules and Directions	19
Sunday Road Race - Course Description.....	19
Sunday Road Race – Course Map and Elevation Profile	20
Food in Fayetteville	21
Medical Facilities.....	21
Directions.....	22

Thank you to our sponsors

- Cy Sanders, CPA
- The WarmUp Sport & Coffee House
- Make You Smile Photography
- Houston Cycling Centres SW, SV, NW
- Wenzel Coaching – Steven Berkowitz



Introduction

Welcome to the 13th annual Fayetteville Stage Race, presented by Southwest Cycling Club. First and foremost thank you for choosing our race. From all the members and fellow racers in our club we sincerely appreciate your participation and wish you the best of luck.

All of us at SWCC are committed to making the Fayetteville Stage Race a highlight of your cycling season. As leaders of one of Texas top races, we welcome our responsibility to provide our athletes the best cycling experience possible; an experience that is competitive, safe and enjoyable.

We have done this for a number of years and consistently get positive feedback. This race strives for excellence in organization, venue and competition. If for some reason you do have an issue, feel free to contact us about how we can address your issue and hopefully improve your racing experience.

Race Promoter

James McCowen - 713-777-5333 (day)
james_mccowen@yahoo.com

Club President

Mike Shaddock
shikem@yahoo.com

If you're returning to the Fayetteville Stage Race – welcome back! If you're new to the event, welcome to the one of the greatest races in Texas!





**Southwest Cycling Club Presents
Event Schedule**

FSR Race Bible

FRIDAY: Packet Pick-up – will be from 6 – 10 PM at the SPJST Hall in Fayetteville TX

SATURDAY: Road Race 1 – See below for start times
Time Trial – First start time will be 2:00 PM

SUNDAY: Road Race 2 – See below for start times

Classifications				Saturday			Sunday	
Category	Entry	Prize List *	Places	Distance/ Laps	Time	TT Dist	Distance / Laps	Time
Pro/Cat 1	\$80	\$3,000	20/5	68/3	10:00 AM	6.6 Miles	95/6	7:30 AM
Cat 2	\$80	\$2,000	20/5	68/3	10:10 AM	6.6 Miles	95/6	7:40 AM
Cat 3	\$75	\$1,600	16/3	68/3	7:30 AM	6.6 Miles	64/4	7:50 AM
Cat 4	\$75	\$800	8/3	46/2	7:40 AM	6.6 Miles	49/3	8:10 AM
Cat 5	\$75	Trophies	6	46/2	10:20 AM	6.6 Miles	49/3	11:00 AM
Masters 35+ 4/5	\$75	Trophies	6	46/2	8:00 AM	6.6 Miles	49/3	11:10 AM
Masters 40+ 1/2/3/4	\$75	\$800	8	46/2	7:50 AM	6.6 Miles	49/3	8:00 AM
Women Open	\$70	\$800	8/3	46/2	8:10 AM	6.6 Miles	49/3	11:20 AM
Women 4	\$70	Trophies	6	46/2	8:20 AM	6.6 Miles	49/3	11:30 AM
Junior 4/5	\$30	Trophies	6	24/1	10:30 AM	6.6 Miles	33/2	11:40 AM
Junior 4/5 10-14	\$30	Trophies	6	24/1	10:30 AM	6.6 Miles	18/1	11:40 AM

All Texas Cup Points will be awarded based on category with the exception that Masters 40+ 50+ and 60+ will race together for one prize list, but results will be submitted separately for the Texas State Cup for 40+ 50+ and 60+

Event Officials:

Chief Referee	Cyndi Smith	Chief Judge	Stephen Crews
Finish Line Camera	Bill Weidlein	Asst. Referee	Andy Hollinger
Asst. Referee	Stearns LaSeur	Asst. Referee	Bob Pillmore
Asst. Referee	Gerry Sauls	Asst. Referee	Suzanne Sauls
Asst. Referee	Bonnie Sollenberger	Asst. Referee	Laura Sollenberger
Motor Referee	Gerald Burns	Motor Referee	Mike Gladu
Motor Referee	Mark Nelson	Motor Referee	Joe Morgan



Parking

Parking will be available at the registration area – SPJST Hall.

On Saturday and Sunday, please do not park in front of businesses that are on the square and obey all traffic signs and right of way indications while driving and warming up on the bike.

You are kindly requested to obey all “No Parking” signs and follow the guidance of the volunteers to designated parking areas.

Thanks for your cooperation!



Please do not park in front of business on the square on Saturday or Sunday and please use discretion when changing clothes. Public nudity will not be tolerated.



Registration

Location

Registration will be done online through Bike Reg (www.bikereg.com) or you may mail (postmarked by 3/10/11) your entry fee, USA Cycling Standard Athlete Release Form (including license number) & the race category you wish to enter to:

James McCowen
6607 South Braeswood
Houston, TX 77069

Packet pick-up will be at The SPJST Hall from 6:00 PM to 10:00 PM, on Friday night 3/18/11. Packet pick-up will resume at 6:00 AM Saturday morning. All racers must have their race number picked-up 30 minutes prior to the start of their road race Saturday morning. Failure to do so will result in a DNS.

Deadline

Registration via Bike Reg closes on Thursday 3/17/11 @ 6:00 PM CST and mail-in registration must be postmarked by 3/10/11.

There will be NO race weekend registration. Bike Reg closes Thursday, March 17th @ 6:00 PM CST and Mail-In Registration must be postmarked no later than Thursday, March 10th.

License Requirements

Valid and current USAC license must be presented at packet pick-up. All riders will be required to sign a rider release form.

One Day Licenses

One-day licenses can be purchased for \$20 and will cover both days of racing. One-day licenses are only available for Cat 5 Men, Cat 4 Women, and Junior Cat 5 events.





Race Numbers

Time Trial – Numbers on Right

Saturday and Sunday Road Race – Numbers on Left & Center of Back

The hip number should be placed on the side of the lower back, just above the pockets (if any), turned so that the numbers are upright when the rider is horizontal. A second number should be placed in the middle of the back so that it may be seen from the official's vehicle.

If the officials can't read your number, you will not be placed!

Race Number Sequence:

Sequence	Category
1-75	P/1
100-174	Masters 35+ 4/5
200-274	Cat 2
300-399	Cat 3
400-499	Cat 4
500-549	Cat 5
550-599	Cat 4 Women
600-649	Women Open
650-679	Junior 4/5
680-699	Junior 4/5 10-14
700-774	Masters 40+ 1/2/3/4

Please do NOT crinkle, fold or otherwise alter your numbers. Smooth numbers are much easier for the officials and the finish line camera to see.



Number Placement for Road Races



Number Placement for Time Trial



Prize List

The prize list will be distributed, based on the riders Final Individual General Classification and on certain individual stage placing based on the tables below. Following USAC guidelines, all prizes **must** be claimed at the awards ceremony. Failure to do so may result in forfeiture of prizes. The awards ceremony for each category will occur on Sunday in the SPJST Hall after the results have been deemed final.

Summary

Category	RR1	RR2	GC	Total
Pro 1	\$160	\$160	\$2,680	\$3,000
Cat 2	\$160	\$160	\$1,680	\$2,000
Cat 3	\$60	\$60	\$1,480	\$1,600
Cat 4	\$60	\$60	\$680	\$800
W Open	\$60	\$60	\$680	\$800
M40+ 1/2/3/4			\$800	\$800
Total	\$500	\$500	\$8,000	\$9,000

Individual Road Race Stages

	P 1	Cat 2	Cat 3	Cat 4	W Open
1st	\$60	\$60	\$25	\$25	\$25
2nd	\$40	\$40	\$20	\$20	\$20
3rd	\$30	\$30	\$15	\$15	\$15
4th	\$20	\$20			
5th	\$10	\$10			
Total	\$160	\$160	\$60	\$60	\$60
RR Total	\$500				

General Classification

	P 1	Cat 2	Cat 3	W Open	Cat 4	M40+ 1/2/3/4	W4	M35+ 4/5	Cat 5	Jr Open 4/5	Jr 10-14 4/5
1st	\$743	\$466	\$435	\$250	\$250	\$294	Trophy	Trophy	Trophy	Trophy	Trophy
2nd	\$372	\$233	\$218	\$125	\$125	\$147	Trophy	Trophy	Trophy	Trophy	Trophy
3rd	\$248	\$156	\$146	\$83	\$83	\$98	Trophy	Trophy	Trophy	Trophy	Trophy
4th	\$186	\$117	\$109	\$62	\$62	\$74	Trophy	Trophy	Trophy	Trophy	Trophy
5th	\$149	\$93	\$87	\$50	\$50	\$59	Trophy	Trophy	Trophy	Trophy	Trophy
6th	\$124	\$78	\$73	\$42	\$42	\$49	Trophy	Trophy	Trophy	Trophy	Trophy
7th	\$107	\$67	\$63	\$36	\$36	\$42					
8th	\$93	\$58	\$55	\$32	\$32	\$37					
9th	\$83	\$52	\$49								
10th	\$75	\$47	\$44								
11th	\$68	\$43	\$40								
12th	\$62	\$39	\$37								
13th	\$57	\$36	\$34								
14th	\$53	\$33	\$32								
15th	\$50	\$31	\$30								
16th	\$47	\$29	\$28								
17th	\$44	\$27									
18th	\$42	\$26									
19th	\$40	\$25									
20th	\$37	\$24									
Total	\$2,680	\$1,680	\$1,480	\$680	\$680	\$800					
GC Total	\$8,000										

*****THE ABOVE PRIZE LIST IS BASED ON A MINIMUM OF 15 RIDERS PER CATEGORY (Min of 40 for Pro/Cat 1 & Cat 2).**

Categories not meeting the minimum may be combined with another race and/or have their prize list adjusted. Prizes based on previous and expected participation in each category.



Rules and Regulations



- 1) The [Southwest Cycling Club](http://www.swcc.cc) (<http://www.swcc.cc>), under the rules of USA Cycling, Inc. (permit # 2011-544) organizes the Fayetteville Stage Race.
- 2) This race bible is a guideline highlighting special technical regulations.
- 3) Modifications to start times, changes to the race bible, etc. will be written in a Communiqué and posted at the race headquarters. **It is the rider's responsibility to review the Communiqués.**
- 4) The official race headquarters in the SPJST Hall in Fayetteville, Texas.
- 5) All stages shall start promptly as scheduled and will be conducted regardless of the weather conditions, unless the officials and the race promoter agree to modify and/or cancel a stage due to extreme weather or road conditions.
- 6) The **minimum field size is 15***. Categories with fewer entries may be combined with a later race and/or have their **prize list adjusted**. (*Min of 40 for Pro/Cat 1 & Cat 2 fields)
- 7) The promoter reserves the right to adjust the starting times, mileage, combine events and prize lists as necessary on race day.
- 8) **Protest period** will begin when results are posted and end 1-hour prior to the start of the next stage, with the exception of the last stage.
 - Saturday Road Race – Protest period ends at 1:30 PM
 - Saturday Time Trial – Protest period ends at 7:00 AM on Sunday
 - Sunday Road Race – Protest period ends 15-minutes after the results are posted for that category.
- 9) Helmets meeting USCF requirements are mandatory. Helmets must be in place on the rider's head anytime the rider is astride his/her bike from the beginning of registration to the completion of the final stage, including the last awarding of prizes.
- 10) Neutral wheel support will be allowed if an adequate number of wheels are placed in the pit.
- 11) **The centerline rule will be enforced.** This is your warning.
- 12) Riders **MUST SIGN-IN** with the designated official before each road race. Time trial sign-in will be the assignment of your start time.
- 13) Riders choosing not to complete a stage should make every attempt to notify the Chief Judge and Race Results Coordinators.
- 14) Judging and timing at the finish shall be closed once the winner's time plus 20% has elapsed. If the number of riders beyond this time cut is greater than 20% of the stage starters, then the time cut may be extended at the discretion of the Chief Referee after consultation with the race promoter. **Time cuts will be enforced.**
- 15) **Riders must complete all previous stages in order to start the next stage.** A rider suffering a mishap during any stage must finish within the time cut, with the exception of the road races in regards to rule 4E3(b) (mishap in the last 3K).
- 16) Riders **MUST NOTIFY AN OFFICIAL IF THEY ARE INJURED.** A USCF Report of Occurrence Form must be filed.



- 17) Please report to a police officer, a race official, or the Race Promoter if you are approached in a threatening manner by anyone. Do not attempt to handle the situation yourself.
- 18) Race numbers must be worn throughout both days of racing.
- 19) **Corrections to name, license number and team name** will not be made after the start of the first stage. Please review the start list during packet pick-up and verify your information is correct.
- 20) Individual General Classification (GC) shall be determined by the sum of the individual stage times, plus applicable time bonuses and penalties. Riders finishing in a pack will be given the same time as the leader of that group.
- 21) In case two or more riders are tied in their final GC, their order shall be determined by adding the fractions of a second from the individual time trial stage back into their total time. If this does not resolve the tie, the next method is adding their individual placings in each stage. Should this not suffice to break the tie, their relative placing in the final stage shall decide the order.
- 22) **Intermediate time bonuses will be awarded in Saturday and Sunday's road race to the first three riders to cross the designated "Hot Spot" on the 2nd lap only, with the exception of both Junior's categories on Saturday which will be awarded on the 1st lap. In Sunday's Junior 4/5 10-14 RR the Hot Spot will be awarded on the 1st lap. Time bonuses consist of 3-seconds for 1st, 2-seconds for 2nd, and 1-second for 3rd..**
- 23) **In addition time bonuses will be awarded to the top-3 finishers in each road race. Time bonuses on the finish lap consist of 10-seconds for 1st, 6-seconds for 2nd, 4-seconds for 3rd. Categories that start together will compete for the same set of time bonuses.**
- 24) Results will be posted at the SPJST Hall in Fayetteville, Texas (registration area), as soon as possible, following each stage.
- 25) Only support vehicles designated by the Chief Referee and/or the Promoter shall be permitted to follow the racers. **No personal support vehicles!**
- 26) **DISQUALIFICATIONS** - In accordance with the 2011 USA Cycling, Inc. rules, the following offenses will result in disqualification:
- Behavior dangerous to the rider or other competitors;
 - Holding on to a motor vehicle;
 - Failing to ride the entire course, by taking a short cut, riding in a motor vehicle, or by other means;
 - Pulling or pushing another rider or another rider's equipment during a sprint;
 - Willfully removing helmet during the race;
 - Fraud or attempted fraud during the race;
 - Passing through a road closure;
 - Assaulting a competitor, an official or a third party;
 - Engaging in unsportsmanlike conduct;
 - Mixing in with another category (i.e. either riding with the lead pack or a chase group of another category or finishing with the lead pack, chase groups or main pack of another category).
- In addition, littering, public nudity or public urination will not be tolerated and are subject to disqualification.**



JUNIOR ROLLOUT – For Junior Men & Women, the authorized maximum chain gear ratio allowed in any road event is 7.93 meters (rollout 26').

All juniors are required to report to staging/start area 30 minutes before their designated start times. The bike will be handed over to an official for roll out or measure. During roll out, the gears are set to the highest gear with tires inflated to the maximum air pressure. Once roll out is complete and the bike passes, it must remain in the start area and will not leave until the start of the race. Juniors that place in non-junior categories are required to re-report for rollout immediately following the conclusion of the race.

The charts below give development (distance covered in one revolution of the cranks) for various combinations of chain ring and rear sprocket, assuming 26.5-inch wheels. Note that other wheel sizes are widely used. For example, 27-inch wheels have a development about 2% larger than the figures listed below. The formula for development is: (wheel diameter) x pi x (chain ring teeth)/(sprocket teeth) where pi is about 3.14.

Gear Development (meters)
chain ring teeth

	44	45	46	47	48	49	50	51	52	53	54	55
12	7.75	7.93	8.11	8.28	8.46	8.63	8.81	8.99	9.16	9.34	9.52	9.69
13	7.16	7.32	7.48	7.65	7.81	7.97	8.13	8.30	8.46	8.62	8.78	8.95
14	6.65	6.80	6.95	7.10	7.25	7.40	7.55	7.70	7.85	8.01	8.16	8.31

Gear Development (feet, inches)
chain ring teeth

	44	45	46	47	48	49	50	51	52	53	54	55
12	25'5"	26'0"	26'7"	27'2"	27'9"	28'4"	28'11"	29'6"	30'1"	30'8"	31'3"	31'10"
13	23'6"	24'0"	24'7"	25'1"	25'7"	26'2"	26'8"	27'3"	27'9"	28'3"	28'10"	29'4"
14	21'10"	22'4"	22'10"	23'3"	23'9"	24'3"	24'9"	25'3"	25'9"	26'3"	26'9"	27'3"
15	20'4"	20'10"	21'3"	21'9"	22'2"	22'8"	23'2"	23'7"	24'1"	24'6"	25'0"	25'5"



Saturday Road Race – St. Mary’s Church Loop

Overview

NUMBER PLACEMENT – Numbers shall be worn on 1) **left side** and 2) **middle of the back**

Category	Distance/Laps	Start Time
Cat 3	68/3	7:30 AM
Cat 4	46/2	7:40 AM
Masters 40+ 1/2/3/4	46/2	7:50 AM
Masters 35+ 4/5	46/2	8:00 AM
Women Open	46/2	8:10 AM
Women 4	46/2	8:20 AM
Pro/Cat 1	68/3	10:00 AM
Cat 2	68/3	10:10 AM
Cat 5	46/2	10:20 AM
Juniors 4/5	24/1	10:30 AM
Juniors 4/5 10-14	24/1	10:30 AM

- 1) **Staging will be at the SPJST Hall (Race Headquarters).** The course consists of a 2.7-mile stretch, leading in to a 22-mile circuit over rolling terrain. The finish line is located on FM 2503, 4/10 of a mile from FM 1291. The feed zone is located on Ehlinger Road. The course will not be closed to traffic.
- 2) Riders must sign in 15-minutes prior to their start time and be available for pre-race announcements.
- 3) **WARM-UP:** Hwy 1291 North of Fayetteville towards Warrenton is to be used for on the bike warm-up prior to the start of your race. **Pre-race warm-up on the race route is not permitted.**
- 4) **HOT SPOT** will occur on the **2nd lap** of each race, with the exception of the both **Juniors categories, which will be awarded on the 1st lap.**
- 5) **WHEEL SUPPORT**
Neutral Wheels – **BRING SPARE WHEELS!**
Wheels must be provided for the support vehicles, which will be parked in the designated area adjacent to the start line at 7:00 AM. All wheels must be properly labeled with rider number and category.
All wheels must be reclaimed immediately following the race, from the designated area.
The officials and race promoter assume no responsibility for wheels not picked up.
- 6) The course will be open to traffic, so **PLEASE** obey all traffic laws. **The centerline rule will be enforced – this is your warning.** Riders caught breaking these rules will be assessed penalties and possible disqualification.
- 7) All riders will be required to leave the finish area at the completion of their race. Any riders crossing over the finish line for the second time may be assessed a penalty or disqualified. Results will be posted at the SPJST Hall.





Saturday FEED ZONE Rules and Directions

- The feed zone will be marked with “Begin Feed Zone” and “End Feed Zone” signs.
- Feed from the right side of the road only.
- No feeding is allowed outside the feed zones or from any vehicle.
- The race organizer will not provide water bottles at the Feed Zones. Riders SHOULD CARRY THEIR OWN WATER BOTTLES or have them provided by their support personnel.
- Parking is available on either side of the road. DO NOT block traffic.

To get to the feed zone, leave the SPJST Hall parking lot by taking a right on Main Street (SR 159). When SR 159 makes a sharp turn to the right turn left and cross over the railroad tracks. After 2.5 miles you will come to a stop sign at FM 2503. Cross over FM 2503 and you are now on Brushy Road. Drive 1.4 miles to Ehlinger Road. Turn left and the feed zone will be on your left.

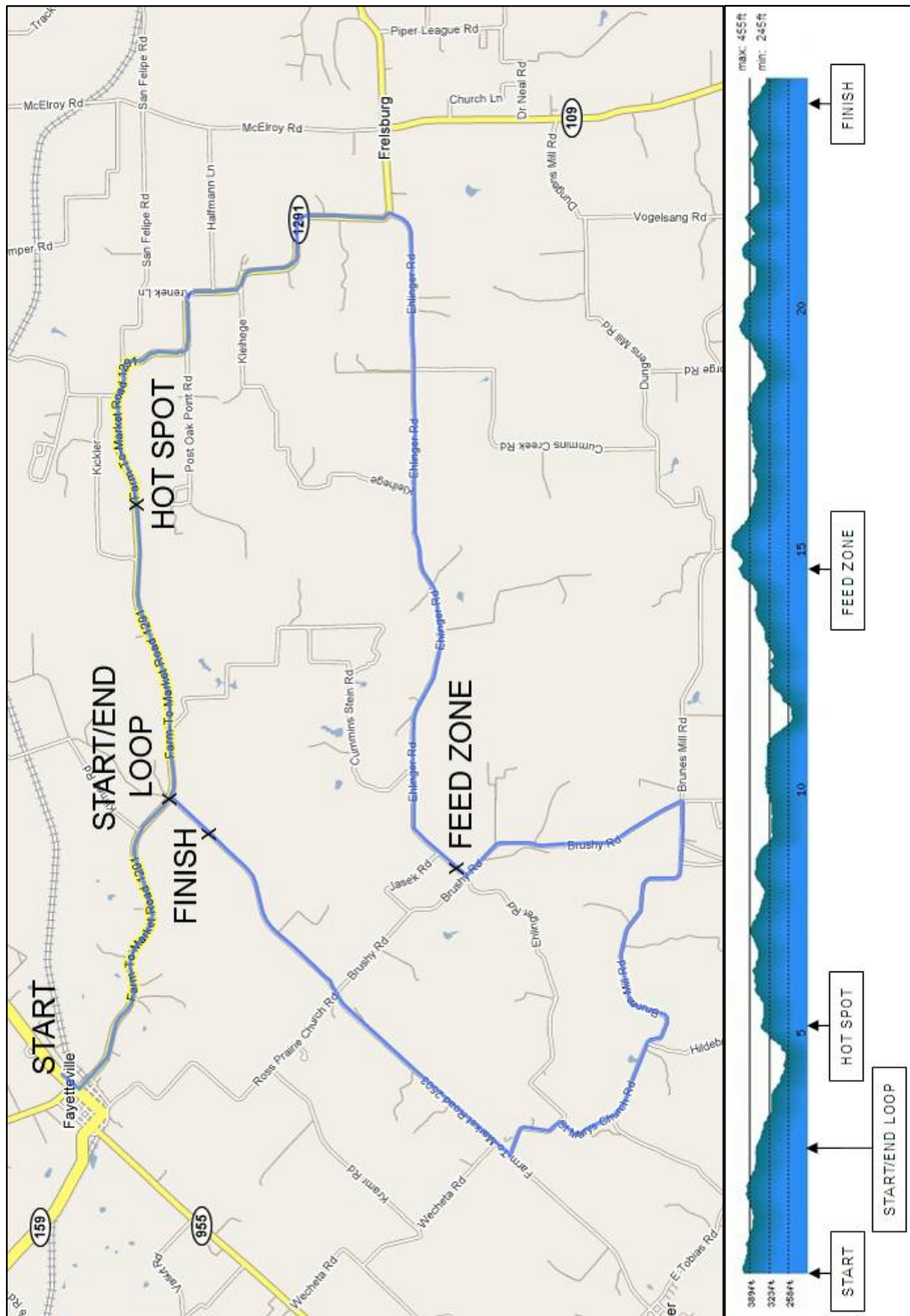
Saturday Road Race - Course Description

- Staging will be at the **SPJST Hall** (Race Headquarters)
- Left turn on FM 1291
- **Sharp right turn** on Ehlinger Road
- Continue on Ehlinger Road to Brushy Road (feed zone will be on your right)
- Left turn on Brushy Road
- **Sharp right turn** on Bruner Mill Road
- Bruner Mill Road turns in to St. Mary’s Church Road
- Left turn on Ehlinger Road
- Right turn on FM 2503
- Right turn on FM 1291 to start the loop again
- Map and Elevation Profile on Next Page



Southwest Cycling Club Presents Saturday Road Race – Course Map and Elevation Profile

FSR Race Bible





Southwest Cycling Club Presents Saturday Individual Time Trial

FSR Race Bible

Overview

NUMBER PLACEMENT – Numbers shall be worn on the **right side**

1. **Staging will be on Mechanics Road.** To get to the staging area, leave SPJST Hall parking lot by taking a right on Main Street (SR 159). **Proceed to FM 1291 and turn left.** Cross over the railroad tracks and turn right on to Mechanics Road. The time trial will start at this intersection. Please stay to the right.

2. The Time Trial will start on Mechanics at the intersection of FM 1291. The course is a 6.6-mile loop over rolling terrain. The finish line will be located on Ross Prairie Church Road, approximately 3/4 mile from the town square in Fayetteville. The course will not be closed to traffic.

3. WHEEL SUPPORT

Neutral Wheels – BRING SPARE WHEELS!

We are providing the opportunity to have wheels available at various locations along the course. We are holding wheels at the corners...If you have a 650 wheel you need to bring it to James or Cindy inside the Hall....We are not doing wheel cars on the ITT.

Wheels may be reclaimed immediately following the last rider, from the SPJST Hall. The officials and race promoter assume no responsibility for wheels not picked up.

4. **No parking** is allowed on Mechanics Road. Please leave your car parked at the SPJST Hall.

5. **Final Rider start times** will be posted at the conclusion of the Saturday morning road race. Riders will go off at 30-second intervals; starting at approximately 2:00 PM. Riders should be prepared to line up 10 minutes before the start time for their category.

6. Riders on the same team may be separated by at least one other team member.

7. If a rider appears later than his/her start time, the rider's appointed start time, not actual start time, will be used for computing the results. A rider arriving late must wait to be started. **DO NOT APPROACH EITHER THE STARTER OR THE TIMER ON THE LINE TO ANNOUNCE YOUR ARRIVAL.** Announce yourself to the "Line-Up" official who will determine when you will be started.

8. The centerline rule will be enforced. No drafting is permitted. Riders caught breaking these rules will be assessed time penalties.

9. **WARM-UP:** Hwy 1291 North of Fayetteville towards Warrenton is to be used for on the bike warm-up prior to the start of your race. **Pre-race warm-up on the race route is not permitted.** Riders may NOT warm up on the Time Trial course. Failure to adhere to this instruction will result in a **10-second time penalty for each offense.**

10. All riders will be required to leave the finish area at the completion of their race. Any riders crossing over the finish line for the second time may be assessed a penalty or disqualified.

Results will be posted at the SPJST Hall.

11. **NO parking will be allowed around the finish line area on Ross Prairie Church Road.**

TT Staging Order (see your exact start time at the SPJST Hall after the road race)

Cat 4

Masters 40+ 1/2/3/4

Masters 35+ 4/5

Cat 3

Women Open

Women 4

Junior 4/5 10-14

Junior 4/5

Cat 5

Cat 2

Pro/Cat 1



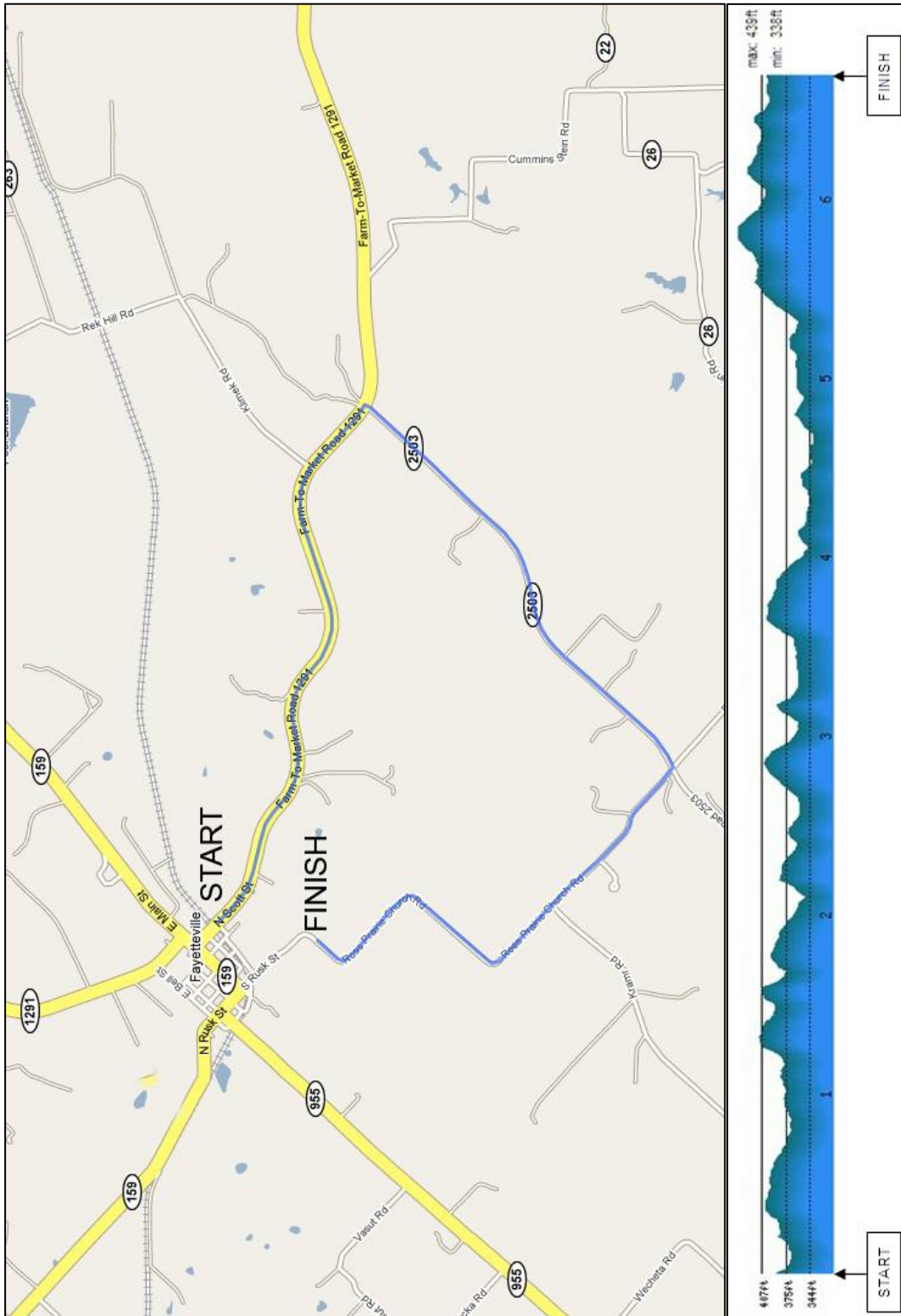
Saturday ITT - *Course Description*

- Staging will be on **Mechanics Road**
- Right turn on to FM 1291 – 2.5 miles
- Right turn on to FM 2503 – 2.1 miles
- Right turn on to Ross Prairie Church Road – 2.0 miles
- Map and Elevation Profile on Next Page





Saturday Individual Time Trial – Course Map and Elevation Profile





Sunday Road Race – Lone Oak Loop

Overview

NUMBER PLACEMENT – Numbers shall be worn on the 1) **left side** and 2) **middle of the back**

Category	Distance/Laps	Start Time
Pro/Cat 1	95/6	7:30 AM
Cat 2	95/6	7:40 AM
Cat 3	64/4	7:50 AM
Masters 40+ 1/2/3/4	49/3	8:00 AM
Cat 4	49/3	8:10 AM
Cat 5	49/3	11:00 AM
Masters 35+ 4/5	49/3	11:10 AM
Women Open	49/3	11:20 AM
Women 4	49/3	11:30 AM
Juniors 4/5	33/2	11:40 AM
Juniors 4/5 10-14	18/1	11:40 AM

- 1. Staging will be at the SPJST Hall (Race Headquarters).** The course consists of a 2.7-mile stretch, leading in to a 15.5-mile circuit over rolling terrain. The finish line is located on FM 2503, 4/10 of a mile from FM 1291. The feed zone is located on Ehlinger Road. The course will not be closed to traffic
- Riders must sign in 15-minutes prior to their start time and be available for pre-race announcements.
- WARM-UP:** Hwy 1291 North of Fayetteville towards Warrenton is to be used for on the bike warm-up prior to the start of your race. **Pre-race warm-up on the race route is not permitted.**
- HOT SPOT** will occur on the **2nd lap** of each race, with the exception of the **Juniors 10-14 category, which will be awarded on the 1st lap.**
- WHEEL SUPPORT**
Neutral Wheels – BRING SPARE WHEELS!
Wheels must be provided for the support vehicles, which will be parked in the designated area adjacent to the start line at 7:00 AM. All wheels must be properly labeled with rider number and category.
All wheels must be reclaimed immediately following the race, from the designated area.
The officials and race promoter assume no responsibility for wheels not picked up.
- The course will be open to traffic, so PLEASE obey all traffic laws. **The centerline rule will be enforced – this is your warning.** Riders caught breaking these rules will be assessed penalties and possible disqualification.
- All riders will be required to leave the finish area at the completion of their race. Any riders crossing over the finish line for the second time may be assessed a penalty or disqualified.



Sunday FEED ZONE Rules and Directions

- The feed zone will be marked with “Begin Feed Zone” and “End Feed Zone” signs.
- Feed from the right side of the road only.
- No feeding is allowed outside the feed zones or from any vehicle.
- The race organizer will not provide water bottles at the Feed Zones. Riders SHOULD CARRY THEIR OWN WATER BOTTLES or have them provided by their support personnel.
- Parking is available on either side of the road. DO NOT block traffic.

To get to the feed zone, leave the SPJST Hall parking lot by taking a right on Main Street (SR 159). When SR 159 makes a sharp turn to the right turn left and cross over the railroad tracks. After 2.5 miles you will come to a stop sign at FM 2503. Cross over FM 2503 and you are now on Brushy Road. Drive 1.4 miles to Ehlinger Road. Turn left and the feed zone will be on your left.

Sunday Road Race - Course Description

- Staging will be at the **SPJST Hall** (Race Headquarters)
- Right turn on FM 1291
- **Sharp** right turn on Ehlinger Road
- Continue on Ehlinger Road to Brushy Road (feed zone will be on your right)
- Right turn on Brushy Road
- Right turn on FM 2503
- Right turn on FM 1291 to start the loop again.
- Map and Elevation Profile on Next Page

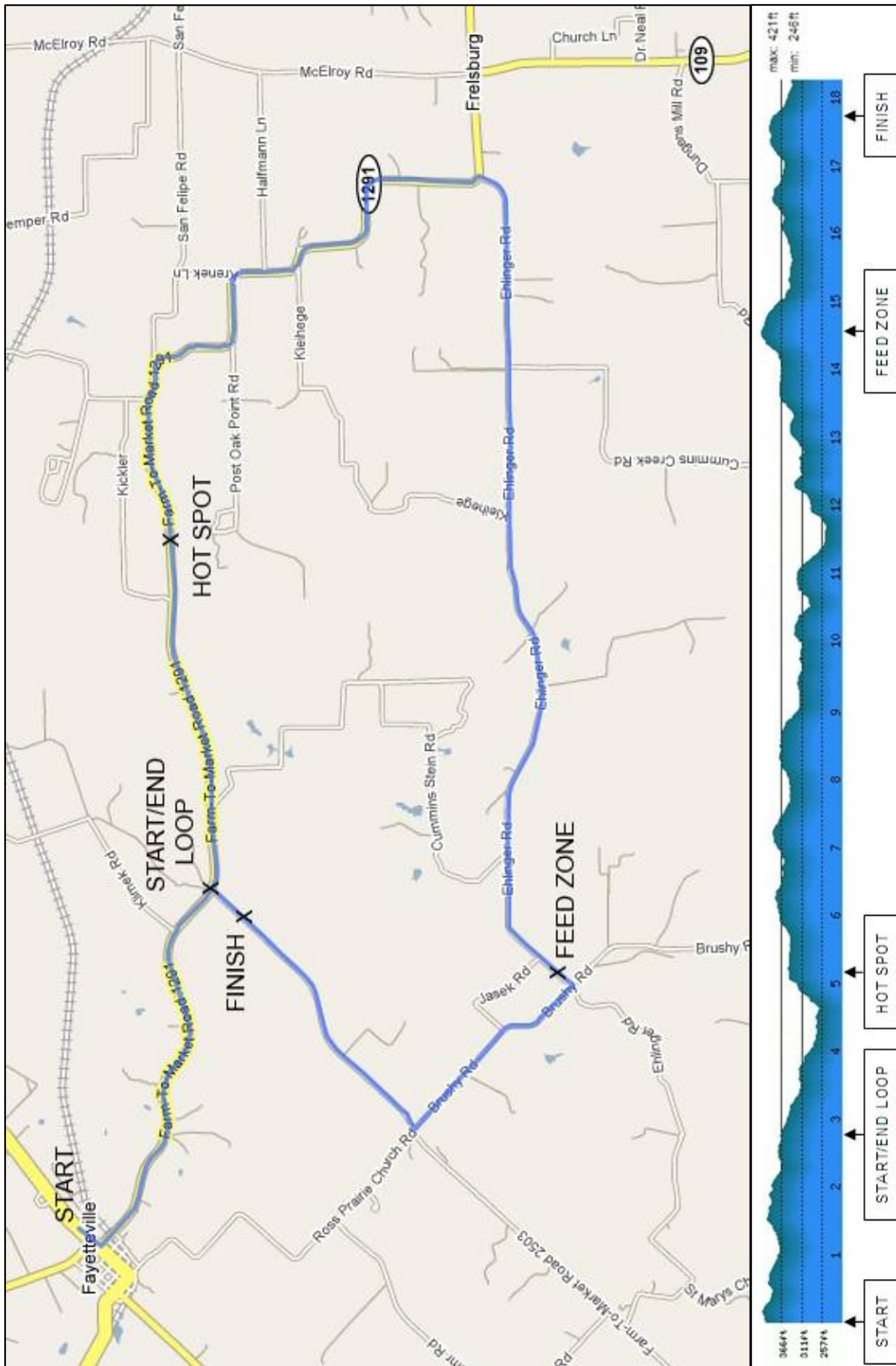


Lee McDaniel Photography



Southwest Cycling Club Presents Sunday Road Race – Course Map and Elevation Profile

FSR Race Bible





Food in Fayetteville

The Hall – The WarmUp Sport & Coffee House will be selling breakfast and lunch items on Saturday and Sunday mornings.

Keilers Restaurant – on the Square – Full menu, daily specials.

Orsak's Café – on the Square – Family dining. Good fixin's, ice cream parlour

Joe's Bar-B-Que –on the Square – Good Texas cooking.

Carol's @ Cat Spring – Short distance from Fayetteville on FM 949 in Cat Spring – Steaks, pasta and seafood.

Medical Facilities

St. Mark's Medical Center

One St. Mark's Place

(On Hwy. 77 N, approx. 1 mile North of Hwy. 71 Bypass)

La Grange, TX 78945

(979) 242-2200





Directions

Houston

I-10 West to TX-71 West (towards Austin). Drive 14.5 miles to FM 955 and turn right. Continue for 4.5 miles to FM 159. Turn Right on FM 159 and continue for approximately 0.5 miles. The Hall will be on your left, by the baseball field.

Austin

TX-71 Southeast (towards Houston). Drive approximately 70 miles to FM 955 and turn left. Continue for 4.5 miles to FM 159. Turn Right on FM 159 and continue for approximately 0.5 miles. The Hall will be on your left, by the baseball field.

Dallas

I-35 South to US 77. Drive 120.1 miles to FM 159. East on FM 159 for 14.5 miles. The Hall will be on your left, by the baseball field.

San Antonio

I-10 East to TX-71 West (towards Austin). Drive 14.5 miles to FM 955 and turn right. Continue for 4.5 miles to FM 159. Turn Right on FM 159 and continue for approximately 0.5 miles. The Hall will be on your left, by the baseball field.

